

"The wise man knows many things, the very wise man knows many people." (Carsten Maschmeyer)



Dear industry partners,

visibility and proximity to the target group are essential for business success – especially in our industry, which is characterised by personal contacts. In an increasingly digital world, genuine encounters and trusting relationships are more valuable than ever.

A strong network and targeted positioning of your brand are two of the most important levers for sustainable business success. This is exactly what fithera offers you – the business congress for fitness and therapy, on 17th and 18th September 2026 at the Offenbach Exhibition Centre near Frankfurt.

You can expect to meet 1,500 entrepreneurs and executives from the fitness, therapy and health industry in the DACH region. The best-performing companies will be honoured with the BEST100 Award on site – a

unique setting for establishing contacts, collaborations and new business opportunities.

In the second year, we are introducing numerous innovations and highlights: walking pitches, panel talks, masterclasses and double the expo time – for even more discussions, visibility and leads.

I look forward to welcoming you in person at fithera 2026 – where personal growth, business and networking come together.

With warm regards

Nicolas Hessel

KEY FACTS 2026

1,500+ TRADE VISITORS

1,000,000+
MEDIA REACH

80+
EXHIBITORS

55+
SPEAKER

5 STAGES

80+
WALKING PITCHES

2 DAYS 1 PARTY



HIGHLIGHTS



B2B ONLY



TOP SPEAKER & STARS



PERSONALITY DEVELOPMENT



EXPO AREA



NETWORKING LOUNGES



SOFTDRINKS INCLUDED



INNOVATIONS & START-UPS



BUSINESS & MARKETING KNOW-HOW



MASTERCLASSES & PANEL TALKS



WALKING PITCHES



BEST100 AWARD



AFTERSHOW PARTY

LOCATION

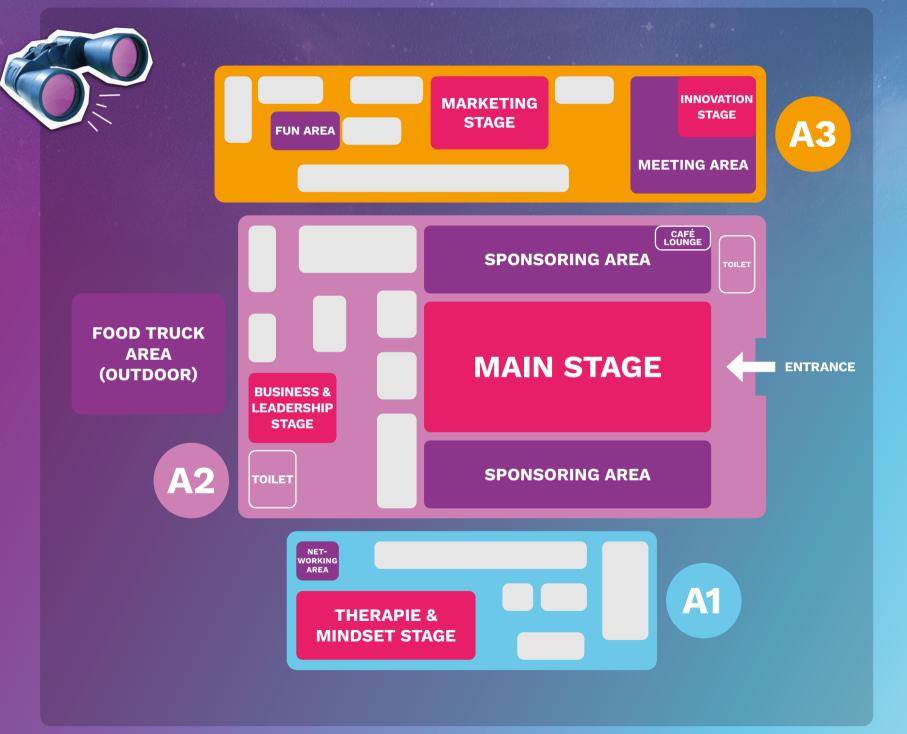
// With more than 6,000 sq m of space in three halls, Messe Offenbach offers the ideal setting for fithera 2026. Centrally located in the DACH region and only 13 minutes from Frankfurt Airport, the location is easily accessible – both nationally and internationally.

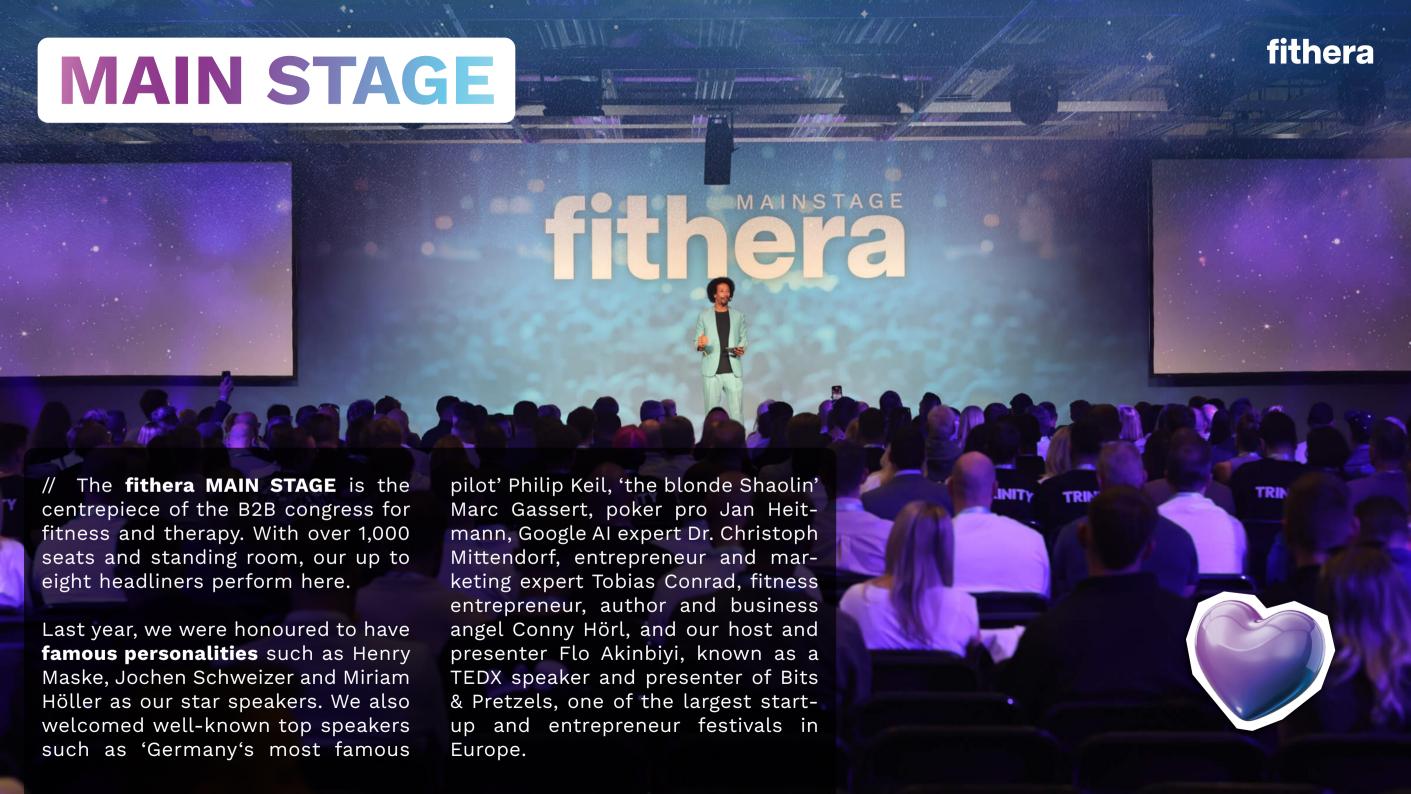
On five stages, trade visitors will experience a high-quality programme with inspiring presentations and practical insights into business, leadership, marketing, therapy, mindset and innovation.

The white exhibition areas are strategically located along the walkways and near the stages and networking areas – for maximum visibility, high visitor traffic and ideal networking opportunities.

With the exception of the Main Stage, all stages will be equipped with headphones, ensuring that a pleasant atmosphere for conversation is maintained at the booths at all times.

The food truck area in the outdoor area provides delicious street food, from burgers to bowls.





MAIN STAGE SPEAKER 2025



Jochen Schweizer Entrepreneur, former stuntman Boxing world champion, entrepreneur Former stuntwoman, speaker, author



Henry Maske



Miriam Höller



Philip Keil Pilot, keynote speaker



Marc Gassert Shaolin, top speaker



Jan Heitmann Professional poker player



Dr. Christoph Mittendorf Google AI expert



Conny Hörl Entrepreneur



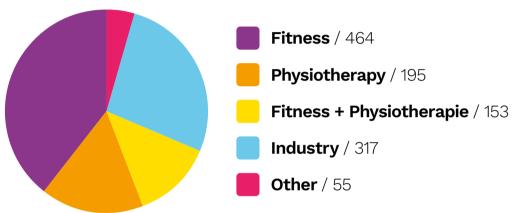
Tobias Conrad



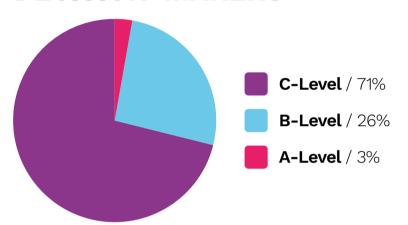
fithera

REPORTING 2025

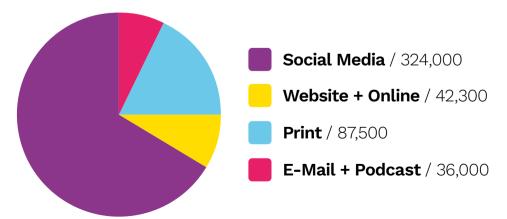




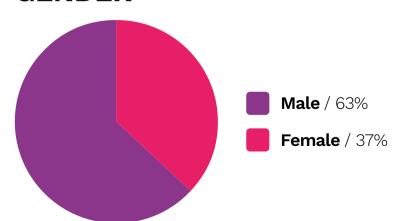
DECISION-MAKERS



MEDIA REACH / 489,800



GENDER



FITHERA 2025

1,184
PARTICIPANTS

812 TRADE VISITORS

108 EXHIBITORS

86

SPEAKERS

7,000+ SO M OF SPACE

489,800+ MEDIA REACH

5 STAGES

2 DAYS



SPONSORS 2025

PLATINUM SPONSORS

E G Y M



GOLD SPONSORS









SILVER SPONSORS

















EVENT PARTNERS









2025 vs. 2026

	2025	2026	ADVANTAGES
PARTICIPANTS	1,184	1,500+	More potential leads
PRICES FOR VISITORS	€69–€250 (net)	€39–€199 (net)	Ticket prices are 75% (!) cheaper than in 2025, making it very affordable to get involved. Prices include drinks!
SPEAKER	100	55	Fewer presentations = More time for visitors to visit exhibitors
MAIN STAGE SPEAKER	10	8	Less programme on the main stage = more time for exhibitors
EXPO TIME ON 2 DAYS	5 hours	9.5 hours (!)	Expo time for visitors and exhibitors almost doubled!
SPEAKER TIME	25 min	20 min	Shorter presentations for more break and expo time
ADMISSION FOR TRADE VISITORS	from 9 a.m.	from 8.30 a.m.	Early admission for more networking time
HALLS	4	3	One less hall = shorter walking distances and a quicker overview ensure higher visitor traffic
WALKWAYS WITH COLOURED LINES		NEW	Floor markings help visitors find the halls, stages and exhibitors more quickly.
MASTERCLASSES & PANEL TALKS		NEW	Masterclasses and panel talks offer more content and make the event even more attractive to potential visitors.
WALKING PITCHES		NEW	Each exhibitor receives a walking pitch. We lead a small group of interested trade visitors to your stand and you have 2 minutes for an elevator pitch.

PROGRAMME 2026

Event day 1 of 2	PRESENTATIONSEXPO AREA			
	Admission for e	xhibitors + VIPs		
08:30-9:30		trade visitors + tworking		
09:30–10:20	Opening + Main Stage	Expo-Networking		
10:20-10:30	10 min. char	ngeover time		
10:30–11:15	Theme stages	Expo networking		
11:15–12:00	Expo ne	tworking		
12:00–12:45	Theme stages	Expo networking		
12:45–13:00	Coffee break + I	Expo networking		

13:00–13:30	Main Stage	Expo networking
13:30–14:30	Lunch break	Expo networking
14:30–15:30	Expo-Net Walking	
15:30–16:15	Masterclasses	Expo networking
16:15–17:30	Main Stage	Expo networking
17:30–23:00	After-sho Netwo	

SOCIAL MEDIA IMPRESSIONS

























FITHERA 2025

489,800+ MEDIA REACH

324,000+ SOCIAL MEDIA

42,300+ WEBSITE + ONLINE

87,500+ PRINT

36,000+ E-MAIL + PODCAST











5 REASONS

FOR YOUR FITHERA APPEARANCE IN 2026

Networking

More than 1,500 trade visitors for valuable networking opportunities

New contacts

High-quality leads thanks to a multitude of touchpoints and networking areas

Top Player

Meet the top decisionmakers in the industry, including the BEST100 fitness and BEST100 physiotherapy facilities from the DACH region

Customer relations

You can invite existing and new customers to strengthen existing partnerships.

Growth

Meet new talents, partners and investors – all in one place













EXPO AREA IMPRESSIONS































BEST100 AWARD

HIGH-PROFILE DECISION-MAKERS ON SITE

The award for the 100 best and most high-performing fitness studios and 100 physiotherapy practices in the DACH region!

An independent and transparent award, presented by a jury of experts and journalists, using a multi-stage points system. The award is free of charge and does not involve the usual usage and certification fees associated with

applications! The winner will receive the high-quality glass award with an official press photo at the fithera business congress.

Various criteria are used for the assessment, such as: range of services, customer reviews, level of digitalisation, employee quality, public image, internal processes and documentation, training and further education opportunities, and economic indicators.













PACKAGES & PRICES



BOOTH PACKAGE PACKAGE BUSINESS	START-UP	s	M	L	XL	XXL
EXHIBITION AREA sq m	5 sq m	5 sq m	7,5 sq m	14 sq m	25 sq m	36 sq m
DIMENSIONS (depth x width)	2,5 x 2 m	2,5 x 2 m	2,5 x 3 m	3,5 x 4 m	5 x 5 m	4,5 x 8m
+ Exhibition back panel including lighting (colour: white)		х	х	х	х	х
+ Exhibition carpet (colour: anthracite)	х	х	х	х	х	х
+ Electricity (1 x 230 V socket)	х	х	х	х	х	х
+ WLAN	х	х	х	х	х	х
+ Cleaning & Waste disposal	х	x	х	х	х	х
+ Company entry 'Business' in the exhibitor directory (number of characters including spaces)	500	500	500	500	500	500
+ Exhibitor passes for 2 days (including set-up/dismantling ticket, including drinks)	2	2	3	4	5	6
+ Free visitor tickets for 2 days (including drinks)	4	4	6	8	10	12
+ 2 min. walking pitch (2-minute pitch at your own stand)	1	1	1	1	1	1
+ 5 min pitch (on the Start-Up / Innovation Stage)	1	///-//-	///-//	-///-///	-//-/-//	-
PRICE	1,900 €	3,900 €	5,500 €	7,500 €	10,900 €	14,900 €

PACKAGES & PRICES

UPGRADE Package PREMIUM	START-UP	S	M	L	XL	XXL
+ Printed back panel (approx. 2.5 m high, including assembly/disassembly)	X (including assembly/disassembly of back wall & lighting)	x	x	x	x	x
+ Company entry 'Premium' in the exhibitor directory (number of characters including spaces)	1,000	1,000	1,000	1,000	1,000	1,000
+ Product images and video in the online company entry	×	×	х	x	х	x
PRICE	€ 690	€ 390	€ 490	€ 590	€ 690	€ 990

SUB-EXHIBITOR* (Optional)	START-UP	s	М	L	XL	XXL
+ Company entry in the exhibitor directory (including your own portal access for ticket booking)	-	х	х	x	х	х
+ Exhibitor passes for 2 days	1///-	2	2	2	2	2
+ Free visitor tickets for 2 days	-	4	4	4	4	4
PRICE * Only bookable in combination with a booth package	Not available	€ 990	€ 990	€ 990	€ 990	€ 990

DISCOUNTS & PAYMENT DUE DATE	FIRST MOVER	EARLY MOVER	FAST MOVER	SMART MOVER	SMOOTH MOVER	LAST MINUTE
DISCOUNT	15 %	12,5 %	10 %	7,5 %	5 %	0 %
PAYMENT DUE DATE REBOOKER 17,5%	30.12.2025	28.02.2026	30.03.2026	30.04.2026	30.06.2026	from 01.07.2026

PACKAGES & PRICES

ADDITIONAL SERVICES

(Booking via the online exhibitor portal)

incl. assembly / dismantling ticket, including drinks	€ 39
incl. assembly / dismantling ticket, including drinks	€ 59
Special price for exhibitors to invite potential customers	€ 29
Special price for exhibitors to invite potential customers	€ 39
	€ 490
Incl. TV stand, incl. assembly/disassembly	€ 390
	€ 190
	€ 190
	€ 190
Incl. lockable storage space, dimensions: W110 × D50 × H110 cm	€ 250
122 cm length, colour white	€ 119
Colour white	€ 29
70-80 cm round, colour white	€ 69
	incl. assembly / dismantling ticket, including drinks Special price for exhibitors to invite potential customers Special price for exhibitors to invite potential customers Incl. TV stand, incl. assembly/disassembly Incl. lockable storage space, dimensions: W110 × D50 × H110 cm 122 cm length, colour white Colour white

SPONSORSHIP PACKAGES 2026

	SILVER	GOLD	PLATINUM
AVAILABILITY	8	4	2
BOOTH PACKAGE			SOLD OUT
Exhibition space	16 sq m	32 sq m	40 sq m
All services from booth packages + PREMIUM UPGRADE	х	х	×
Back panel incl. print	х	x	x
Exhibitor passes 'VIP' 2 days (incl. access to VIP area with lunch buffet & snacks)	4	5	6
Free visitor tickets for 2 days (including drinks)	10	10	10
Walking pitch (2-minute pitch at your own booth)	1	1	1
EXCLUSIVE SPONSOR SERVICES			
Drinks service at the booth	х	х	x
Booth space with natural light in the sponsor area	х	х	×
TV set incl. TV stand	1 x 50"	1 x 55"	1 x 65"
Presentation options		Pitch (5 min)	Masterclass (40 m
Welcome talk on the main stage		-	1



	CHVED	COLD	DI ATINUBA
	SILVER	GOLD	PLATINUM
BRANDING			SOLD OUT
Event branding on printed materials	х	x	x
Logo on sponsor wall	х	x	x
Logo on Main Stage Screens (running during breaks)	х	x	x
Floor stickers in the halls with company logo and stand number	2	4	6
Flyer insert in goodie bags		Flyers up to 50g	Flyers up to 100g
20-second product video before a presentation on the main stage		x	x
20-second product video at the event opening on the main stage		-	x
Welcome advertising banner at the entrance to the main stage (including printing, approx. 3x2 m)		-	1
ONLINE SERVICES			
Website: Premium company listing incl. product images + video	x	х	×
App: Premium company listing	x	x	×
Stand-alone email newsletter to fithera participants	-	-	×
GERMAN HEALTH BALL			
Exclusive company table at the German Health Ball, including a three-course meal and drinks	8 tickets (Cat. 2)	10 tickets (Cat. 1)	18 tickets (Cat. 1)
TOTAL PRICE	€ 16.900	€ 26.900	€ 36.900

Special - Gala Night & Awards

The 2nd GERMAN HEALTH BALL the official gala and awards night of the German fitness and physiotherapy industry – will take place on the second evening of fithera.

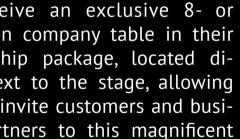
With the clear goal of becoming a longterm media beacon for the industry among the general public, you can look forward to a captivating dinner show, a culinary journey, live music, the presentation of the HERACLES Awards and a historic atmosphere at the Capitol Theatre in Offenbach.

Just a few metres from the Offenbach Exhibition Centre, there will be approximately 400 seats in four categories, A to D, on two levels.

The fithera sponsors are also sponsors of the GERMAN HEALTH BALL and receive an exclusive 8- or 10-person company table in their sponsorship package, located directly next to the stage, allowing them to invite customers and business partners to this magnificent evening.

Location Capitol Theatre Offenbach

Date 18 September 2025, from 7.30 p.m.















Deutscher

Gesundheitsba

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Suhyun Jung



fithera THE BUSINESS CONGRESS FOR

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